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FrAilty Care
and
wEll funcTion



Health

Recognizing and Preventing

Hosted on



EUROPEAN
MULTIPLE
MOOC
AGGREGATOR

Frailty

**In this 5 week course you will learn
what frailty is and why it is not
part of normal ageing**

Plus tips on how you can prevent frailty

Starts 29th October 2016

For more information

Search Google for

'Recognizing Frailty MOOC'

Expected time to complete:

1-2 hours per week

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Frailty

Frailty is not a normal part of any life

**Understand the signs of frailty
and learn how to
manage and prevent frailty**

Sign up to this free, online course

Starts 29th October 2016

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Easy-to-understand
information about frailty