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VIGOUR, Evidence-based Guidance to Scale-up Integrated Care in Europe

VIGOUR, Evidence-based Guidance to Scale-up Integrated Care in Europe is a research project co-funded by the Health Programme of the European Union, with an aim to effectively support care authorities in progressing the transformation of their health and care systems and to provide sustainable models for integrated care which will facilitate identification of good practice and scaling-up. This will be achieved through the delivery of an evidence based integrated care support programme. The project with a duration of 36 months (1 January 2019 – 1 January 2022) and a total budget of 3 Million Euros brings together leading European research/academic institutions, government organisations, care authorities and not for profit groups.

Societal changes such as rapidly ageing populations call for a paradigm shift from disease-centred or individual social care need-centred service provision to a more holistic, people-centred, integrated approach which places people and their communities at the focus of care systems, not diseases or problems viewed out of context. It emphasises the importance of empowering people to take charge of their health and wellbeing, building on their capabilities; it takes into account the holistic needs of a person and seeks to provide quality care that is both timely and appropriate. Integrated care provides co-ordination of services in a way that ensures people receive a continuum of care that fluctuates in line with their ongoing health and wellbeing from all relevant care practitioners irrespective of organisation and care setting.

To do this successfully, European health and social care systems must strengthen their efforts to overcome fragmentation of care. A whole population approach which focuses on health promotion and prevention as well as chronic conditions management, frailty and mental health is required to keep people in good health for longer and slow down any deterioration such that regions are able to continue to provide sustainable care services to meet the demographic changes

VIGOUR will deliver an evidence-based integrated care support programme designed to understand and guide 16 care authorities through a staged process of analysis, advice on good practice and training in care system capacity and capability building and implementation approaches at the operational, organisational and strategic levels of stakeholders involved in different localities throughout Europe. In practice, care authorities will be supported in focussing their care integration



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ambitions, in operationally preparing the implementation of good practice suitably aligned to any prevailing local circumstances, and finally in rolling out these practices to at least one percent of their overall target population in the framework of local scaling-up projects as an integral part of project plans. Knowledge exchange and mutual learning throughout this process will be enhanced by a twinning scheme bringing together VIGOUR “pioneer” care authorities with “followers”. Further care authorities will benefit from the experiences gained by the VIGOUR participants throughout the staged scaling-up process in terms of dedicated webinar and podcast programmes.

The consortium with 17 partner organizations is led by Empirica (Germany). Other partner organisations are: Azienda ULSS n. 4 Veneto Orientale (Italy), EIP on AHA Reference Site Collaborative Network (Belgium), International Foundation for Integrated Care (Netherlands), Azienda Ospedaliera Universitaria Federico II (Italy), Uniwersytet Medyczny W Lodzi (Poland), Medizinische Universität Graz (Austria), Fundació Institut Guttman (Spain), Consejería de Salud de la Junta de Andalucía (Spain), Universiteit Twente (Netherlands), Regional Health and Social Care Board (Northern Ireland), Regional Agency for Public Health and Social Well-being (Northern Ireland), Universitat de València (Spain) and Panepistimio Kritis (Greece), University of Parma (Italy), Università di Roma Tor Vergata (Italy) and Fondation Partenariale MACVIA (France).

Project Details

Project No: 826640

Start Date: 01/01/2019

Project Duration: 36 months

More information on VIGOUR can be found at <https://vigour-integratedcare.eu/>

For additional information please contact the Project Coordinator at vigour@empirica.com